



Mission Statement

First Nations Community HealthSource is committed to providing a culturally-competent, comprehensive health service delivery system integrating traditional values to enhance the physical, spiritual, emotional and mental well being of American Indian families and other underserved populations residing in Albuquerque and surrounding areas.



Clinic Hours of Operation

Monday—Friday
8:00 a.m.— 9:00 p.m.
Saturday
9:00 a.m.-1:00 p.m.

WIC Hours of Operation

Monday through Thursday
8:00 a.m.— 8:00 p.m.
Friday
8:00 a.m.— 4:30 p.m.
Saturday
9:00 am - 1:00 pm



Behavioral Health Services Hours of Operation
Monday through Friday
8:00 a.m.—9:00 p.m. .



First Nations

Community HealthSource



Visit us on the web at:
www.fnch.org

Serving All Urban
American Indians
since 1972.

FNCH Zuni Clinic

Address: 5608 Zuni Road SE

Phone: 505-262-2481

Located on Zuni Road, three blocks east of
San Mateo at Palomas.

FNCH - Truman Health Center

Address: 625 Truman Street NE

Phone: 505-248-2990

Located on Truman Street, one block west
at the corner of San Mateo and Lomas.

Primary Care Services

Family medical care is available by appointment or walk in basis. Full range family medical services including urgent and chronic care, physical exams, immunizations, flu shots, women's health care and prenatal care.

To make an appointment call 262-2481.

Women Infant & Children (WIC) Program

A free nutrition education program that provides supplemental foods for pregnant, breast feeding and

post-partum women and their infants and children up to age five. To make an appointment call 262-6531.

Youth Mentoring Program.

The Youth Mentoring Program is for American Indian children, ages 5 to 18 with an incarcerated parent (s). Building Bridges is dedicated to the development of positive opportunities for Native American Youth in Albuquerque. To learn more please call 248-2987.

MEDICAID and NMHIX Enrollment

Certified Health care guides and Enrollment Specialists are available for immediate enrollment for Medicaid and the New Mexico Health Care Insurance Exchange. NMHIX. Call to schedule an appointment or to talk with one of our specialists.

At First Nations Main: 262-6045, 6526, 6556, 6580, and 6565

At First Nations Truman: 248-2964

Homeless Outreach

The Homeless Outreach assists Native Americans with housing, vocational, recreational, subsistence, transportation needs, child care, and other needs by providing referral information and program assistance. Contact 262-6596 or 262-6538.



HIV/AIDS Prevention Services

A community based program that provides prevention, education, FREE anonymous HIV testing and counseling, syringe exchange, and harm reduction services. The program also operates the Native American Health Management Alliance (NAHMA), funded by the New Mexico Department of Health. All enrolled clients of the NAHMA are eligible to receive client advocacy, clinical care, substance abuse and mental health counseling, transportation reimbursement and work re-entry assistance, nutritional information, rental/utilities assistance, and accessible home health care services. To make an appointment call 262-6554.

Dental

A comprehensive dental program that includes routine care (exams, x-rays, and cleanings), restorative and prosthetic services (fillings, dentures and crowns), and emergency and pain management. Pediatric care, children and adults of all ages are seen. To make an appointment call 262-6547.

Diabetes Program

A comprehensive diabetes education and treatment program that incorporates foot care, medical, dental, mental health, traditional healing, and other support services. To make an appointment call 262-6534 or 262-6529.



Healthy Children Strong Families

Healthy Children Strong Families (HCSF) is a program that is focused on increasing exercise and healthy food choices, decreasing sugary beverages/junk foods, decreasing screen (TV and computer) time, and supporting families to manage stress and get enough sleep. This is a collaborative project between First Nations and the University of Wisconsin-Madison. One hundred forty families (140) volunteered to participate in the project for two years and are monitored during the program and given feedback on their progress. Individuals may call for project information at 505-252-0740.

Behavioral Health Services (BHS)

Comprehensive culturally sensitive mental health and substance abuse counseling that utilize a holistic approach to wellness are provided. Individuals, families, couples and group counseling are offered. Alcohol education classes, men's anger management group, 24 hour crisis services, and complementary therapies (acupuncture, massage, reiki, EMDR, and herbal consultation) are also provided. To make an appointment call 262-6520.



24 hour Crisis Line: 934-1694

Traditional Healing

An array of traditional healing and alternative forms of healing are provided including ear candling, aromatherapy, massage, acupuncture, and traditional healing ceremonies. These forms of healing are integrated into other care services at FNCH. Men's and Women's Sweat Lodge Ceremony every Friday at 5 pm. To make an appointment call 262-6520.

Social Support Services Program

The Social Support Services Program assists the community in providing referral information and program assistance based on funding to Native Americans in the following areas: housing, vocational, recreational, subsistence, transportation needs, child care and other areas as needed. Please call 248-2970 for more information.



Pathways to a Healthy Bernalillo

Pathways is a program that offers assistance to Native Americans with navigating the "system" and linking them to much needed services. Ideally clients have multiple or complex unmet needs, such as Transportation, housing, food security, and depression. To make an